



Ahmed Fathy

(Ninja Warrior Trainer)

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SOCIAL MEDIA



LANGUAGES

Arabic : Native language

English Very Good

CAREER PROFILE:

Experienced and certified **Ninja Warrior** trainer with a passion for course training and athletic development. founder of Ninja Warrior in **Egypt**. **Ninja sport** is a modern sporting phenomenon inspired by the United States of America, where it has gained significant popularity among adults and has been embraced by various fitness centers. However, I envisioned taking this concept to a new level in Egypt by introducing it as a unique and engaging activity for children. My ultimate goal is to contribute to the development of a strong and healthy generation that will positively impact our beloved in the Arab world and the Middle East.

EDUCATION:

- **B.Sc. of Arts 2017**

Faculty of Arts, Ain Shams University

EXPERIENCE:

- Petrojet Volleyball Club season **2022/2023 and season 2023/2024**
- Statement from Life Fitness Center for Fitness and Rehabilitation from **2016 to 2022**
- Statement from the Eastern Company Club to work as a load planner for the general weightlifting team from the **2008 to 2022** season.
- statement from the Eastern Company Club **2019** to work as a load planner for a volleyball team under (**15**) years old for the **2020** season.
- Statement from the Eastern Company Club **2018** to work as a load planner for a volleyball team under (**15**) years old for the **2019** season.
- Statement from the Eastern Company Club **2018** to work as a load planner for a volleyball team under (**15**) years old for the **2019** season
- Statement **2016** from the Eastern Company Club to work as a load planner for a volleyball team under (**17**) years old for the **2017** season.
- Statement from the Eastern Company Club **2015** to work as a load planner for a volleyball team under (**15**) years old for the **2016** season.
- Statement from the Egyptian Volleyball Federation at the African Nations Championship, Boys and Girls **2015**
- Statement from the Egyptian Volleyball Federation to assist technical director Angelo Frigioni in the Arab Championship camp in Kuwait **2014**
- Statement from the Egyptian national team's technical director, Angelo Frigioni, about training the first team of the volleyball team in physical preparation **2014**.
- Benefit From the Eastern Company Club **2014** to work as a load planner for the first volleyball team for the **2015** season.
- Statement from the technical director of the national volleyball team to assist him in the physical preparation period for the Arab Championship camp held in the State of Kuwait **2014**
- Statement from the Egyptian Volleyball Federation, Assistant Technical Director (**Angelo Frigioni**), the volleyball team in training the national volleyball team.
- The first team in physical preparation during the Arab Championship camp held in **Kuwait**
- Statement from the technical director of the national volleyball team to assist him in the physical preparation period for the Arab Championship camp held in the State of **Kuwait 2014**

EXPERTISE LOCAL SPORTS (WEIGHTLIFTING)

- Won Third Place in the **2019** season in the Republic Companies Championship
- Won Third place in the **2019** season in the Republic Companies Championship
- Won Third place in the **2018** season in the Republic Companies Championship
- Won Third place in the **2017** season in the Republic Companies Championship
- Won Third place in the **2016** season in the Republic Companies Championship
- Won Third Place in the **2015** season in the Republic Companies Championship
- Won Third Place In the **2014** season in the Republic Companies Championship
- Won Third Place in the **2013** season in the Republic Companies Championship
- Regional Club Championship, first division, men, for the year **2012**, and won first place
- Republic Club Championship, first division, for men, for the year **2012**, and he ranked fourth.
- Won First place**2012** - Egypt Cup of Lower Egypt for the year **2011**
- Ranked Third in the **2011** Egyptian Cup Championship **2012**
- Republic Championship and ranked third **2011**
- Egypt Cup Championship for Lower Egypt in **2010** and won first place.
- First division regional championship for the year **2010** and won first place.
- Republic Championship for the first division in **2010** and ranked third.
- Won First place in the **2009** Egyptian Cup Championship **2010**
- Republic Championship for the first division for the year **2009** and won second place
- Won Second place in the **2008** Canal Cities Preliminary Egypt Cup Championship**2009**
- Won First Place in the **2008** Egyptian Cup Championship**2009**
- **U-19** Republic Championship and won second place **2009**
- **U-20** Regional Championship and won first place **2009**
- Republic U-20 Championship for the **year 2009** and he ranked second.
- First Division Regional Championship and won first place **2009**
- Ranked Fourth in the **2007** Egyptian Cup Championship **2008**
- Under-18 Regional Championship and won first place **2008**
- **U-18** Republic Championship and finished second **2008**
- U-19 Republic Championship and won first place **2008**
- Under-18 Regional Championship and won first place **2007**
- Under-18 Regional Championship and finished third **2007**
- Won First place **2008** in **the 2007** Canal Cities Preliminary Egypt Cup Championship
- Won First Place in the **2006** Canal Cities Preliminary Egypt Cup Championship **2007**
- Ranked fourth in the **2006** Egyptian Cup Championship **2007**
- Won First Place **2006** and in the Republic Schools Championship **2005**
- Under-16 Regional Championship and won first place**2006**
- U-16 Republic Championship and finished fifth **2006**
- The **2006** U-18 Republic Championship and won first place.
- The **2006** U-18 Republic Championship and won second place.
- U-14 Republic Championship and finished sixth**2004**
- U-16 Republic Championship and won first place**2005**
- U-16 Republic Championship and ranked tenth.**2005**
- Won The U-14 regional championship in **2004** and won first place.
- Won the U-14 regional championship in **2004** and won first place.
- First division regional championship for the year **2001** and won first place.

CERTIFICATES:

- Certificate from the Giza Volleyball Region in the combined session as a load planner for the Petrojet Club and obtaining first place in **2023**.
- Certificate of thanks and appreciation **2023** from the junior volleyball sector at Petrojet Club for working as the sector's load planner for the **2022** season.
- Experience Certificate from the Mondial indoor hall complex of the Eastern Company. I was assigned as a supervisor to manage the operation Indoor sports hall complex from **2014 to 2022**
- Certificate of appreciation from the Nour Al Hayat Oasis Association for Cerebral Palsy **2021**
- Certificate from the Giza Volleyball Zone at the Mini Volley Festival **2021**
- Certificate of appreciation from the Egyptian Wushu Kung Fu Federation in the Giza Official Championship **2020**
- Certificate of appreciation from the Tax Club in **2019**
- Certificate of thanks and appreciation from the Egyptian Traditional Karate Federation **2019**
- Certificate of thanks and appreciation from the Giza Taekwondo Region for working as a sports injury specialist in the Giza Karugy Championship **2019**
- Thanks and appreciation from Trans Business Trading and Distribution Company for managing the Marlboro Cup Football Championship Ramadan **2019**
- Certificate of thanks and appreciation from Trans Business Trading and Distribution Company for managing the Marlboro Cup Football Championship Ramadan **2018**
- Certificate of thanks and appreciation from the Giza Taekwondo Region for working as a sports injury specialist in the Giza Karugy Championship **2018**
- Certificate of thanks and appreciation from the Giza Taekwondo Region for working as a sports injury specialist in the Giza Karugy Championship **2018**
- Certificate of thanks and appreciation from the Egyptian Chess Federation in the Egypt International Championship in **2016**
- Certificate of appreciation from the Egyptian Wrestling Federation in the Republic Women's Wrestling Championship **2016**
- Certificate of thanks and appreciation from the International Academy of Sports Science and Technology **2016**
- Certificate from the Giza Karate Zone in the **2015** Giza Official Championship
- Certificate of appreciation from Giza Karate Zone **2014**
- Certificate of appreciation from the Executive Authority for Information and Facilities Networks of Giza Governorate for the success of the sports day
- Certificate of thanks and appreciation from the International Homing Pigeon Exhibition in Cairo at the Porto Pigeon Festival, Egypt
- Certificate of appreciation from the Egyptian International Society for Egyptian Pigeons and Ornamental Pigeons
- Experience Certificate from the Mondial indoor hall complex, affiliated with the Eastern Company, within the work team in the Operations Department
- Certificate of appreciation from the Egyptian Chess Federation in the Egypt International Championship.
- Certificate from Giza Karate Zone.
- Certificate from the Egyptian Wrestling Federation within the organizing committees of the Republic Women's Wrestling Championship

INTERNATIONAL SPORTS EXPERIENCES:

- Participation in the Egyptian-Saudi Sports Brotherhood Week for the year **2008**
- Participation in the internal preparation camp for the Mediterranean Games (**held in Pescara, Italy in 2020**).

TRAININGS & COURSES:

- Diploma of the **personal trainer certified** by the Erasmus Organization in the European Union, Ansab Pro.
- **Aero Active Earps Certified Fitness Instructor** Course, registered in the European Register of Fitness Instructors.
- Course is certified by **Erasmus, the European Union**.
- Training Course from the **International Academy** of Sports Science and Technology.
- Training Course **Load planning** from the International Academy of Science, Technology and Sports.
- Basic Course for **coaches** from the Giza volleyball region.
- Training Course in **Load planning** from the Egyptian Olympic Academy.
- **Basic Session** of the Sports Professions Syndicate.
- Training Course (**British Foundation**) in managing club football teams affiliated with the Central Organization for Organization and Administration of the Presidency of the Egyptian Council of Ministers.

PERSONAL PROJECTS:

- Successfully established and launched Ninja Warrior Egypt, the first dedicated facility for ninja sport in the country.
- Developed a comprehensive business plan and secured funding to support the venture's growth and sustainability.
- Oversaw all aspects of operations, including facility management, staff recruitment and training, and customer relations.
- Implemented effective marketing strategies to raise awareness and attract a wide range of participants, particularly children.
- Collaborated with schools and common.

SKILLS:

- Extensive knowledge of **Ninja Warrior** course design and training techniques.
- Proficient in coaching individuals on proper technique and form.
- Strong understanding of exercise physiology and biomechanics.
- Ability to motivate and inspire clients to push their limits.
- Advanced knowledge of weightlifting techniques and training principles.
- Expertise in strength and conditioning programs.
- Strong leadership abilities, adept at motivating and managing teams.
- Excellent communication and interpersonal skills to effectively engage with children, parents, and stakeholders.
- Business planning and strategic thinking to drive growth and profitability.
- Ability to assess and tailor fitness programs for diverse clients.
- Excellent communication and motivational skills.
- Strong leadership and teamwork abilities.
- Very good converse in a professional manner through verbal and written English.